



# Free Virtual Asthma Coaching for People with Uncontrolled Asthma

- · Provide convenient, quality asthma education
- · Coaches are certified asthma educators
- · Improve patient health outcomes

"Asthma coaching gave me tools and strategies to help me manage my health. It also enabled me to manage my son's asthma a lot better."

- Frenika R., Pennsylvania



## Coach Up Your Patients On How to Successfully Manage Asthma

### **Free Virtual Asthma Coaching Program**

Available in English and Spanish language

A 6-week virtual education program provided by certified asthma educators.

#### **Benefits for Patients**

- · Learn how to keep asthma under control
- Practice correct inhaler technique
- Track asthma symptoms
- · Stay motivated to self-manage asthma

#### **Benefits for Doctors**

- Improve patient adherence to treatment plan
- · Overcome time constraints
- · Support better health outcomes

#### Offer Virtual Asthma Coaching to Your Patients



Visit: allergyasthma.org/asthma-coach

