

# Primary Care Psychiatry Fellowship



## Train New Trainers (TNT)

## Expanding the Psychiatric Workforce

### Core Topics Include:

- Primary-care based psychiatric interview using the AMPS model
- Cultural psychiatry and utilization of the recovery care model
- Mood and anxiety disorders
- Trauma-related disorders
- Substance misuse disorders
- Psychotic disorders
- Somatic symptom disorders
- Pain psychiatry
- Neurocognitive disorders
- Personality disorders
- Eating disorders
- Suicide risk assessment
- Cognitive behavioral therapy
- Supportive psychotherapy
- Motivational interviewing
- Fundamentals of psychopharmacology
- Population-based and collaborative care

### Fellowship Testimonial:

*“I have so enjoyed this training; the best learning method and relevancy to clinical practice in my entire career. My outcomes not only materialized but also met the mission statement of the TNT program goals.”*

*— Helen Wetter, NP, 2017 Cohort*

Joint collaboration with

**UCI Health**

**UCDAVIS HEALTH**

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## About Us

Primary Care Psychiatry Fellowship a comprehensive certificate program designed to address the most frequently encountered mental-health related disorders and treatments. The goal of the UC Irvine/ UC Davis Train New Trainers Primary Care Psychiatry (TNT PCP) Fellowship is to provide mentorship and training in the area of primary care psychiatry. This is not a traditional or ACGME-approved fellowship. This year-long clinical education certificate program is intended for primary-care oriented trainees and providers interested in advanced training in primary care psychiatry. Trainees will learn how to complete an efficient and evidence-based psychiatric interview in the busy primary care or medical setting. They will also be trained to effectively diagnose and treat commonly encountered psychiatric conditions such as mood, anxiety, psychotic, and substance misuse disorders. Most importantly, trainees will learn how to teach these principles to their primary care colleagues.

## Multi-faceted Curriculum

The following is an outline of the curriculum, developed by the UC Irvine / UC Davis faculty. It includes more than 50 required hours of training, resulting in a certificate of completion from UC Irvine Department of Psychiatry and Human Behavior:

- Two weekend in-person\* teaching sessions (approximately 25 CME hours)
- Live, case-based discussions with a focus on integrated primary care psychiatry twice a month (at least 20 CME hours)
- One hour per month of small group mentoring sessions with a TNT fellowship faculty mentor

*\*January 2021 will be virtual. August 2021 pending in-person.*



This activity series has been approved for **AMA PRA Category 45 Credits™**.

Reading materials will be provided. Emphasis will be placed on how to provide culturally and linguistically competent and person-centered clinical care. Pre, mid, and post-testing will measure practice patterns and general knowledge in primary care psychiatry.

**2021 Tuition: \$15,500**

**Fellowship Textbook & Handbook:**



### Past Fellows Include:

- MDs
- DOs
- NPs
- PAs
- Clinical Pharmacists

